



Chatting about a story

What you can do

- Go to the shops and look at different foods
- Try eating different foods; make fruit smoothies
- Sort different foods into 'healthy' and 'not healthy'; fruit and vegetables
- pretend to be the caterpillar eating everything – act it out filling up a long sock or a pair of tights as the caterpillar
- Play a memory game and try and remember a list of food
- Make paper butterflies
- Make diary with days of the week, stick up pictures of what the caterpillar ate and what you ate each day



What you can talk about

How different foods feel: sticky, wet, cold, smooth, soft, hard

Where different foods come from: underground, from trees, from bushes

How different foods taste: yummy, sweet, salty, juicy

How different foods look: colour, big, little, round, square, prickly

Make believe: talk about the caterpillar getting fatter and feeling hungry – why does he need to eat, where is he going to find the next bit of food, what has he already eaten?

Language for thinking: compare different fruit; talk about how the caterpillar changes – what else can change; try and recall what you ate yesterday

When do we eat different foods: Breakfast, snack time, lunch, dinner; what did the caterpillar eat each day