



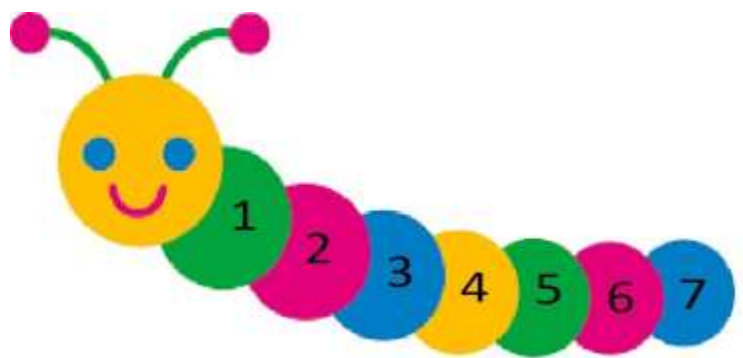
Chatting when you are waiting for a special event eg a holiday, a visit from Grandma

What you can do

Support your child to make a caterpillar out of thin card, colour segments and number each segment for the number of days left until the special event. Cut off a segment every day until you are left with just the smiley caterpillar face on the day of the event.

What you can talk about

- The event itself
- The days of the week
- Counting down (how many sleeps left etc.)
- Clothing you may wear, e.g. for your birthday



- Clothing you will pack e.g. for a holiday
- Travel (bus, train, plane etc.)
- Feelings about the event e.g. happy, excited, worried etc.
- Weather (do you think it will be sunny or rainy).