

# Paediatric procedural anxiety module for COVID-19 vaccinations

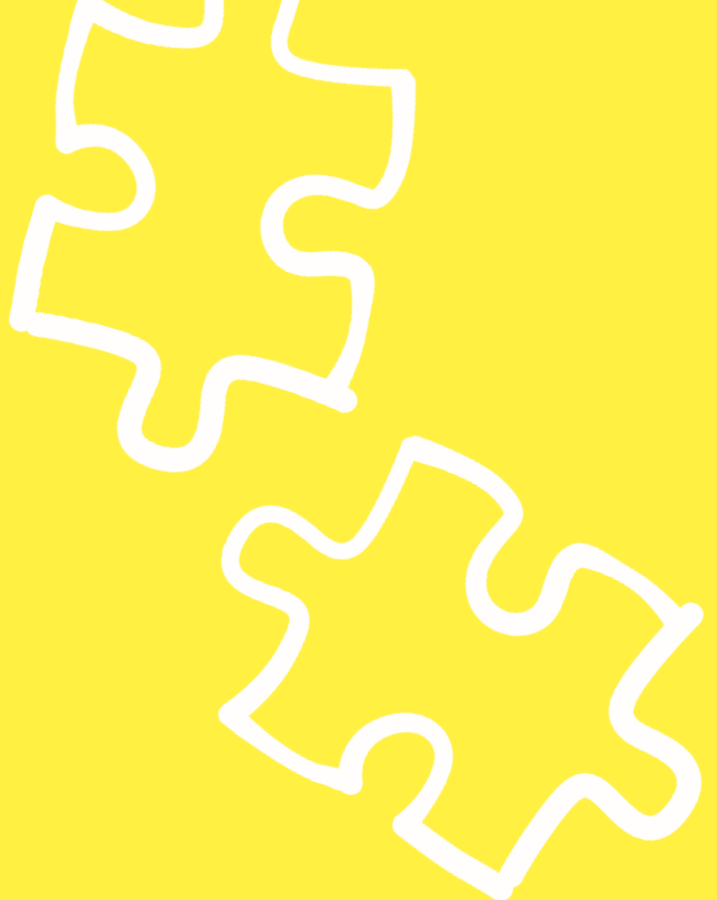
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# Topics

1. **Who** are GOSH Learning Academy
2. **Why** managing patient anxiety to vaccination leads equals success in health care.
3. **Why** this module was developed?
4. **What** is the goal?
5. eLearning layout
6. **Where** to locate the eLearning
7. Questions

# Who are GOSH Learning Academy?



A screenshot of a web browser displaying the administration interface for the GOSH DEN Digital Education Network. The browser's address bar shows the URL 'den.gosh.nhs.uk/ultra/institution-page/admin/default'. The page features a teal header with the NHS Great Ormond Street Hospital for Children Learning Academy logo on the left and a 'View page as Administrator' dropdown on the right. Below the header is a navigation sidebar with icons for Institution Page, Activity Stream, Courses, Organisations, Calendar, Messages, Marks, Tools, Admin, and Sign Out. The main content area has a teal banner with the text 'GOSH DEN Digital Education Network' and several icons representing different course types: Short courses, Free/paid courses, eLearning modules, Academic modules, and Podcasts. Below the banner is a 'Hello and welcome' message and an 'Important message' section with a 'Please note:' heading. The Windows taskbar is visible at the bottom of the browser window.

# Why managing patient anxiety to vaccination leads equals success in health care.

*“When children and young people require medical or health interventions, it may be the **first time** they are visiting a clinic or hospital setting, so those **first impressions**, and the **impact** they have **shape** how they **navigate health and access to health services in the future**”*

Laura Walsh  
Head of Play Services  
Great Ormond Street Hospital

*“We know **positive health experiences** are so vital, they offer spaces to **explore, process, and understand the why, what, & when** something will happen.....which can **minimise anxiety and make the biggest difference**”*

Sian Spencer-Little  
Deputy Head of Play Services.  
Great Ormond Street Hospital

Laura Walsh  
Head of Play Services



Sian Spencer-Little  
Deputy Head of Play Services

# Why this module was developed?

## 1. Adapted module

- Adapted from a Gosh Learning Academy called 'Play through the looking glass'
- Vaccine specific language

## 2. For clinicians with no paediatric experience.

- In response to Covid-19 vaccination programme
- Adapting technique and strategies = positive patient experience
- Less overwhelming for clinicians

## 3. Evidence that reducing paediatric anxiety = long term success



# What is the goal?



Upskill clinicians who have not had paediatric experience.



Techniques & strategies to recognise & support patient anxiety.



Positive patient & carer experience.

## GOAL

To upskill clinicians who have not had experience vaccinating children and young people (12 – 15 yrs) with techniques and strategies to recognise anxiety. And to provide them tools to support this, making an overall positive patient & carer experience.

# What is the goal?

## Learning Objectives



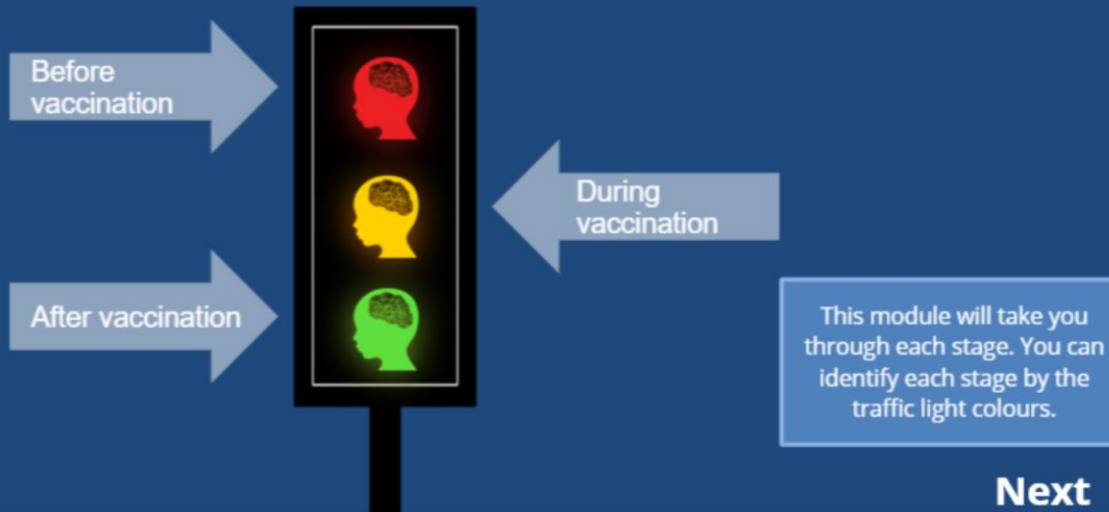
- To **recall** what increases **anxiety** in children and young people around **clinical vaccination**.
- **Apply techniques and strategies** to adapt the environment, reduce anxiety, use language and build positive rapport.
- **Apply distraction techniques** to reduce **anxiety** for children and young people associated with **clinical vaccination**.
- **Adopt** practical approaches to **support positive healthcare** experiences for children and young people.

Next

# eLearning module layout

## 3 Stages Of Anxiety – Traffic Light

There are 3 stages during vaccinations **when** and **how** a child or young person might feel anxious.  
**CLICK** the traffic light colours to view each stage.

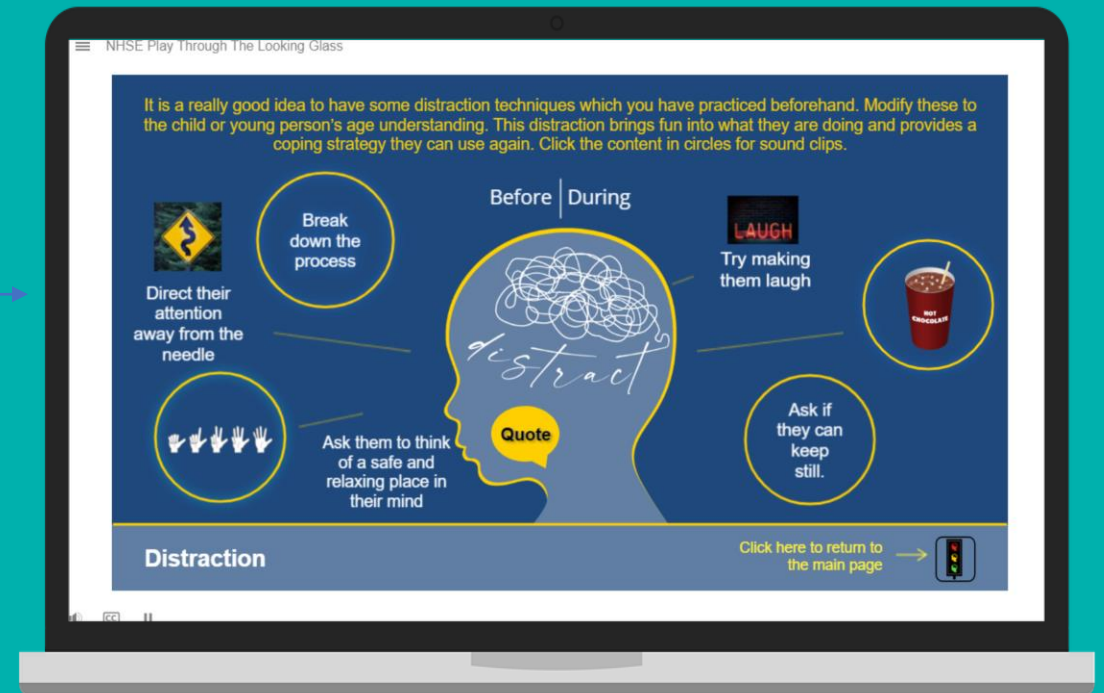
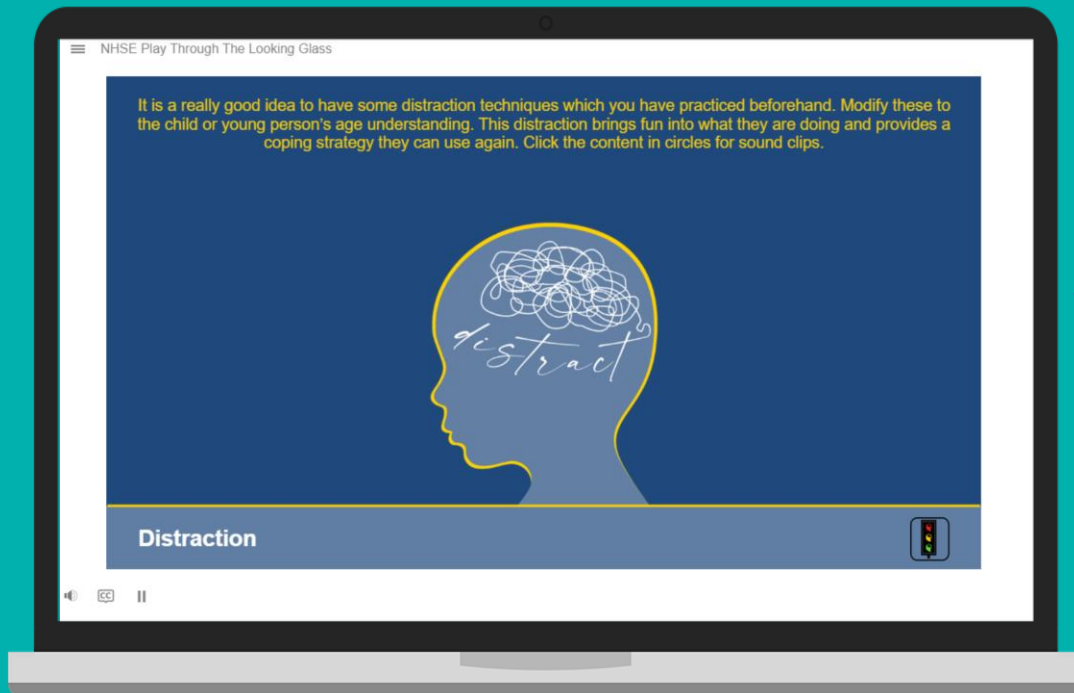


**Next**



# eLearning module layout

ALL learning styles : Listen, Read, Click



# How to access the module

<https://portal.e-lfh.org.uk/Component/Details/730355>



The screenshot displays the 'My e-Learning' interface. On the left, a navigation menu lists various topics, with 'COVID-19 Vaccination' selected. The main content area shows a list of modules related to COVID-19. The module 'Paediatric procedural anxiety module for COVID-19 vaccinations' is highlighted with a yellow box. Each module entry includes a title, a last accessed date, and icons for favorite, search, and information.

Module Title	Last Accessed
Core Knowledge for COVID-19 Vaccinators	24 Sep 2021
Pfizer-BioNTech COVID-19 vaccine (Comirnaty)	23 Aug 2021
AstraZeneca COVID-19 vaccine	
Moderna COVID-19 vaccine (Spikevax)	19 Aug 2021
<b>Paediatric procedural anxiety module for COVID-19 vaccinations</b>	<b>29 Sep 2021</b>
Resources to support COVID-19 vaccinators and volunteers with patient conversations	

# Summary & key points

- ✓ Clinicians who do not have paediatric experience should take this module for vaccine roll out success.
- ✓ eLearning Module is short & interactive.

**Questions?**