

## Contact details

The Musculoskeletal Physiotherapy Service operates from several clinics in the CSH Surrey area:

Banstead Clinic	01737 351 836
Bourne Hall Health Centre	020 8394 1301
Cobham Clinic	01932 584 202
Dorking Hospital	01306 646 220
Emberbrook Clinic	020 8398 0914 (Extension 225)
Epsom General Hospital	01372 735 202
Leatherhead Hospital	01372 384 351
Molesey Hospital	020 8941 4481
The Poplars	01372 734 867

All new patients should contact the CSH Surrey Referral Management Centre (RMC):

E: CSH.Referrals@nhs.net  
T: 020 8394 3868

## Need to contact the service?

Please see the Contact details section of this leaflet.

## Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 020 8394 3846/43  
Email: CSH.Feedback@nhs.net  
Or write to the Head Office address below.

## Large print, audio format or another language

Call 020 8394 3846/43  
or email CSH.Communications@nhs.net  
to receive this information in large print,  
audio format or another language.

## General enquiries

Visit [www.cshsurrey.co.uk](http://www.cshsurrey.co.uk) for information and contact details for all other CSH Surrey services.

### A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



CSH Surrey, Head Office  
Ewell Court Clinic, Ewell Court Avenue  
Ewell, Epsom, KT19 0DZ

Company registered number 5700920



## Musculoskeletal (MSK) Physiotherapy Service

Information for patients,  
carers and relatives

### Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

## What do we do?

We offer physiotherapy treatments to patients suffering muscle, joint and neural disorders following injury, surgery or disease.

We aim to relieve pain and increase your mobility and strength using a variety of approaches. We also provide advice and exercises for you to do at home to help you improve and self-manage your condition.

A Physiotherapist will assess your condition and together you will identify treatment goals and draw up a treatment plan.

## The physiotherapy team

Each team is led by a senior experienced Physiotherapist supported by physiotherapy specialists in spinal, hip/knee and shoulder conditions.

## Who is eligible for treatment?

Treatment is available to patients referred by consultants from Epsom and St Helier hospitals (post surgery), A&E departments and GPs within the Surrey Downs area.

## We provide a wide range of treatments:

- Manual therapy
- Mobilisations/manipulations
- Electrotherapy
- Acupuncture
- Strengthening and mobility exercises
- Postural advice
- Walking correction including supplying walking aids if necessary.

Back to fitness classes and special classes for chronic back pain, shoulder and lower limb dysfunction are also available. You can get more information on these from your physiotherapist.

## Where are we?

There are nine Musculoskeletal Physiotherapy departments across CSH Surrey, ensuring patients have easy access to local services.

Contact details for each department are on the back of this leaflet.

“The whole Department was friendly and welcoming, from receptionist to Therapist. It was a very positive experience.”



Patient

95.8%

Satisfaction among physio patients.

Source: 2013 physio survey