

Contact details

The Supported Discharge Team is part of the Community Neuro-Rehabilitation Team, which is based at:

The Poplars
West Park, Horton Lane
Epsom
Surrey
KT19 8PB

T: 01372 734 867
F: 01372 734 880

Need to contact the service?

Please see the Contact details section of this leaflet.

Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 020 8394 3846/43
Email: CSH.Feedback@nhs.net
Or write to the Head Office address below.

Large print, audio format or another language

Call 020 8394 3846/43
or email CSH.Communications@nhs.net
to receive this information in large print,
audio format or another language.

General enquiries

Visit www.cshsurrey.co.uk for information and contact details for all other CSH Surrey services.

A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



CSH Surrey, Head Office
Ewell Court Clinic, Ewell Court Avenue
Ewell, Epsom, KT19 0DZ

Company registered number 5700920



Supported discharge following a stroke

Information for patients,
carers and relatives

Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

What is 'supported discharge'?

On return home from hospital following your stroke you may receive support from a specialist neuro rehabilitation team.



Our aims

- To enable you to take part in a rehabilitation programme focused on your needs
- To enable you to return safely to the comfort of your own home



- To increase your independence
- To reduce your need for long term care.

Our specialist team

Depending on your needs, you will be supported by a:



Speech therapist



Physiotherapist



Clinical neuropsychologist



Occupational therapist



Dietitian



Stroke specialist nurse

What to expect from the team

- Home visit within two working days, unless otherwise agreed with you
- A named key worker and contact telephone number



- Therapy based on rehabilitation goals agreed with you
- A treatment plan to provide you with specialist stroke rehabilitation
- Knowledgeable staff to address any concerns or questions raised by you or your family.

"I found the team very supportive once mum had been discharged from hospital, helping with all aspects of her condition in the home – from diet and communication through to mobility."

Daughter of patient



And 'reablement carers' (a free service for up to six weeks after discharge).