

Contact details

Early Years Team

For all enquiries, including:

- Attention difficulties
- Social communication difficulties
- Language delay
- Complex needs
- Stuttering
- Hearing loss
- Speech sound difficulties

Please contact:

Clinical Navigator
Leatherhead Clinic
Poplar Road
Leatherhead
Surrey
KT22 8SD

01372 384 305

CSH.childrensclinicalnavigator@nhs.net

For further information and resources please visit:

www.cshsurrey.co.uk/our-services/service-children/speech-and-language-therapy

Follow us on Twitter: @CSHpaedtherapy



Need to contact the service?

Please see the Contact details section of this leaflet.

Your experiences

CSH Surrey is committed to putting people first and continually improving services through listening and responding to feedback. To share your experiences, please:

Call: 01306 646 223

Email: CSH.Feedback@nhs.net

Or write to the Governance Office address below.

Large print, audio format or another language

Call 01306 646 223

or email CSH.Communications@nhs.net to receive this information in large print, audio format or another language.

General enquiries

Visit www.cshsurrey.co.uk for information and contact details for all other CSH Surrey services.

A heart in the community

CSH Surrey, proud to be part of the CSH Group. As a social enterprise, CSH makes profit to benefit local communities and to enhance its health and care services.



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Company registered number 5700920



SPOT Speech and Language Therapy and Occupational Therapy Team

Information and advice for
parents, carers and professionals
from CSH Surrey Early Years
Speech and Language Service

Better healthcare together

CSH Surrey, providing NHS community nursing and therapy services in the homes, schools, clinics and hospitals in the heart of Surrey since 2006.

What is SPOT?

SPOT (**S**peech and Language and **O**ccupational **T**herapy) is a joint therapy service which offers support for children with social and communication difficulties.

We offer small group sessions that run once a week during term time at Ashtead Clinic. Each group session runs for approximately 40 minutes.

The sessions focus on:

- Play focused activities aimed at developing listening, engagement, sensory and gross motor skills
- Strategies to support change of activity or routine
- Therapist led sessions incorporating specific language and fine motor activities with the use of visual supports.

The Team

The SPOT team is based at Ashtead clinic. It includes occupational therapists, speech and language therapists and therapy assistants.

How is SPOT run?

The emphasis of SPOT is on you and your child working together through a therapy programme. We expect parents and carers to actively support children within the SPOT service and to carry over strategies at home.

There are some parent only sessions to provide training around specific strategies used within the groups, and that can be used at home.

When attending SPOT each child is placed in a small group with children who are at a similar stage of development.

Each child is given specific goals to work towards in both the individual and group sessions. These are continuously updated depending on your child's development.

How will I know of my child's progress?

There will be five minutes scheduled after your group in which you can raise specific points with the therapists.

At the end of each term, your child's targets and progress will be reviewed by the team.

How can I help my child?

The Parent only sessions will give you plenty of opportunity to ask the team questions you may have about the groups and/or your child's development. It is important that parents take an active role within the group activities as you will be required to incorporate/implement strategies taught in the session, into the home context.

What if my child cannot attend?

Please contact the team directly:

Paediatric Therapies team

Ashtead Clinic
Woodfield Lane
Ashtead
Surrey
KT21 2BQ

Tel: 07506 732 166